Keeping your child/children safe is the number one priority. Here are a few health, personal, and safety tips that you may find helpful.

- Have your child memorize his/her full name, address, and telephone number
- Teach your child how to use a telephone, including how to dial an operator and emergency numbers
- Tell your child to NEVER enter a stranger’s car or home
- Teach your child to tell if something strange or uncomfortable happens
- Let them know to keep all doors locked and only let in approved people if home alone
- NEVER leave young children alone in a car
- Always replace a child’s car seat if it has been involved in a car accident
- Keep important phone numbers next to the telephone
- Keep all cleaning supplies out of reach or in childproof cabinets
- Never let children play with plastic bags
- Take a CPR class

POISON CONTROL  1-800-222-1222